



Wild Ones San Diego Newsletter – August 2024

[Calendar link](#)

[Website link](#)

[Documents](#)

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Spotlight on: Phacelia



Lacy Phacelia (Phacelia tanacetifolia)

Caterpillar Phacelia (Phacelia cicutaria)

Phacelia is an annual plant with lavender-blue flowers. The flowers are bell-shaped with long stamens that protrude beyond the petals. The flowers grow in clusters at the top of the stem. Lacy Phacelia is a valuable pollinator plant and is especially favored by bees. It also attracts hoverflies, beneficial insects that eat aphids and other pests. The deeply cut leaves give this plant its lacy appearance. Caterpillar Phacelia is a native annual herb that grows in northern, southern and central California in gravelly or rocky slopes. – Calscape

Meet Wild One Rosalind of Dwelling on Carbon



Rosalind (she/they) has been working in climate advocacy since 2005 when she began volunteer work in the Open Space Canyons and became interested in carbon sequestration and storm water management. Her background is in biology, with a PhD from the University of California at Irvine, and teaching and research experience at the University of San Diego. She left academia and became an environmental entrepreneur to better address the climate crisis with concrete, local, and holistic solutions. Her first two companies, Building Green Futures and Catching H2O, focused on water conservation with rainwater and greywater, as well as green roofs. She formed the nonprofit Dwelling On Carbon in 2024 to include soil and plants along

with water conservation, provide strategies for carbon sequestration and healthy soils in urban landscapes, and work on connecting folks to nature through their gardens. She got tired of seeing people ripping out their lawns and replacing them with everything from

artificial turf (worst!) to gravel and a few cacti, to mulch and a small number of native shrubs (better but overpriced). She was also tired of hearing people talk about lowering carbon emissions and mechanical carbon capture when nature has provided an excellent mechanism in photosynthesis to draw down and sequester carbon into soils. Rosalind continues to enjoy volunteering with the Open Space park rangers on restoration projects - here shown near the waterfall in Los Penasquitos planting native grasses.



Dwelling on Carbon provides education and consulting on greywater systems, rain gardens, and rewilded or polyculture lawns – with an emphasis on underserved and low income communities most affected by industrial pollutants and most in need of improved air quality and cooling. Dwelling on Carbon is currently focusing on overseeding existing monoculture turf lawns with a large collection of seeds including forbs (flowering herbaceous plants), grasses, legumes, and cover crops to build healthy soils, sequester carbon, conserve water, and provide a haven for butterflies, ladybugs, birds, and lizards, and cool neighborhoods. The diversity of plant families produces a very healthy soil microbiome which is more drought-resistant than conventional landscapes and also infiltrates and holds more water so every drop supports plant growth instead of producing runoff.

Gleaning Monkey Flower



Recent Successes!

- **Certified Native Habitat Sign Installation, Glean, and Garden**

Congratulations, Chelsea, on establishing the first Wild Ones Certified Native Habitat in California! Here we are at the Dartmoor Naturehood Project where Busy Bee Garden Co-op came out to help pull invasives from the native plant corridor and collect seeds for Wild Ones San Diego.



- **Torrey Pines Natural Reserve Docent Tour**

Thank you, Laura, for inviting us out to tour the reserve! We saw so many native flowers while enjoying the views of the ocean. Everyone should know that you can check out a free pass to state parks like Torrey Pines from your local library.



Prickly Pear



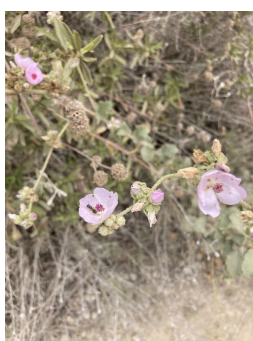
CA Morning Glory



Rattlepod



Mariposa Lily



Chaparral Mallow

- **Caterpillar Chow Native Milkweed Farm Tour - Lakeside**

Thanks , Ken! We saw so many types of milkweed, witnessed emerging Queen Butterflies, and met a yucca moth larva while we processed seeds from Linda's property. So much fun!



- **Public seed donations are coming in! Thank you to Marybeth, Linda, and Maggie!**



[Upcoming Wild Ones Events – all FREE! – \(click here for details\)](#)

Everyone is encouraged to help table at events. We provide all the materials!

- Seed Cleaning Party! – Sept 1st – Lemon Grove – Come help clean and package seeds we've gleaned this season. Enjoy food, company, air conditioning, and Chelsea's lovely garden. Allergy alert: there is a fabulous dog and cat team on site.
- Julian Safety Fair – Sept 13th – Santa Ysabel – This is our third event with the Iipay Nation of Santa Ysabel in the beautiful foothills of the Volcan Mountains. Get out into the countryside and learn about the benefits of native plants in our current fire regime. Take home some free seeds and stop at Dudley's Bakery on your way home.
- Seed Swap at the San Carlos Community Gardens – Sept 24th – We have a blast at every UH Garden Club event, where you can find free seeds, plants, tools, live music, and lots of other plant people. Register now at: [San Carlos Seed Swap](#)
- Craft Corner: Macrame Plant Hanger DIY – Sept 15th – Chula Vista – We've tackled stained glass poppies, artisan seed paper, and macrame wall hangings. Join us for part two in the art of macrame and learn how to make your very own potted plant hanger. Please [RSVP](#) so Hayley has an idea of how much material to provide.
- Harvest Festival – Oct 5th – Mountain View – Come check out one of our favorite San Diego community gardens and see how Global ARC has transformed the space. Last year was so much fun, with conservation information, games for kids, and free corn on the cob fresh from the garden. We will be selling the last few pieces of pottery made by one of our very own Wild Ones, alongside our usual free seeds.
- Pollinator Pathway Party – Oct 13 – Mission Hills – Celebrate the national Pollinator Pathway movement and become part of the solution to habitat connectivity. We will be propagating native species that you can take home and plant, along with signs to proudly announce your dedication to pollination! Check out the Lemon Grove Pollinator Path, created by Wild One Chelsea [here](#).
- University Heights Fall Festival – Oct 19 – North Park – Enjoy live music and Fall Harvest Fun for the whole family.
- Audubon Society 75th Anniversary Celebration! – Oct 20th – Liberty Station – Celebrate the Audubon Society and pick up some free bird-friendly seedlings at Liberty Station. 60+ vendors!

[Announcements](#)

- Wild Ones San Diego is now using Slack as a platform for communication among members for all of our myriad projects. Join [here](#)!
- Elections are coming up! Please email wildonessandiego@gmail.com if you would like to run for an office :)
- It's still seed harvesting season. Print out the flier below to distribute in your neighborhood and help us get more seed donations!

Keep San Diego Wild!

Help Wild Ones San Diego preserve local habitat: Collect native plant seeds from your yards and neighbors. We'll give them to the community and spread the love!



RIGHT TIME

Collect mature seeds when the flowers have dropped and seed heads are mostly dried.



HOW TO...

Look for native species in your neighborhood. Store in a paper bag. Don't forget to label.



DROP SEEDS OFF

Contact us or visit Wild Ones San Diego at an upcoming event on our website: sandiego.wildones.org



SAGES

Sages can be identified by their aroma and the series of purple flower clusters along their stalks.



POPPIES

California Poppies and Matilija Poppies make seed pods that contain dozens of seeds. Bag them before they pop!



MALLOWS AND YARROWS

Fuzzy leaves and yellow flowers. "Picture This" is a good plant identification app to check what species you are seeing.



Contact Wild Ones!

Help support San Diego's wild ecosystem. Collect native seeds responsibly and share! Email us for seed pickup: wildonessandiego@gmail.com

